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*Amendments to the Claims*

This listing of claims will replace all prior versions, and listings, of claims in the application:

1. (Currently Amended) A work station comprising:
  - a base;
  - a riser extending upwardly from said base;
  - a support arm connected to said riser at a vertical pivot, said support arm having a first section on a first side of said riser and a second section on a second side of said riser;
  - a table affixed to said second section of said support arm;
  - a counter weight affixed to said first section of said support arm wherein said counter weight ~~may be selectively~~ is offset from a longitudinal axis of said support arm;
  - wherein said counter weight is affixed to a vertically adjustable mount that facilitates a degree of said offset for at least partially counterbalances counterbalancing weight on said second section of said support arm throughout a full range of motion from a work position to a vertical second position to allow for said support arm to be easily pivoted from [[a]] said work position to [[a]] said